

Holiday  
Baseball Open Workouts

Monday (19<sup>th</sup>)

Group A    5-6pm    Group B    6-7pm

Tuesday (20<sup>th</sup>)

Group A    7-8pm    Group B    8-9pm

Wednesday (21<sup>st</sup>)

Group A    5-6pm            Group B    6-7pm

Thursday (22<sup>nd</sup>)

Group A    11-12pm    Group B    12-1pm

Monday (26<sup>th</sup>)

WORK HOLIDAY CAMP    9-12pm

Tuesday (27<sup>th</sup>)

WORK HOLIDAY CAMP    9-12pm

Wednesday (28<sup>th</sup>)

Group A    11-12pm    Group B    12-1pm

(OVER)

Thursday (29<sup>th</sup>)

Group A 11-12pm    Group B 12-1pm

Lifting goes on as schedule to where you are at with what their times are. Lifting at the school will be Monday-Thursday from 9:30am-10:30am on these scheduled days.

Thanks

Coach Brunswick